

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Coachinfo: Warming up from: 13:15 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:1, starttime: 14:00	
Heat: 1/9 Lane : 4 Athlete: POOTERS LIVIA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 14:04	
Heat: 2/9 Lane : 3 Athlete: MULLENS JULE							Q-time: 99:99:99	
PB (25m pool): 02:29.00 Bilzen 26/02/2023				PB (50m pool): 02:31.09 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:29.00
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:3, starttime: 14:08	
Heat: 3/9 Lane : 2 Athlete: TAMER MOHAMMED KARMA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:3, starttime: 14:08	
Heat: 3/9 Lane : 3 Athlete: HANSEN MAYBEL							Q-time: 99:99:99	
PB (25m pool): 02:33.19 3500 Hasselt 28/04/2024				PB (50m pool): 02:55.01 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:33.19
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:3, starttime: 14:08	
Heat: 3/9 Lane : 4 Athlete: VAN GOMPEL ANAÏS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:3, starttime: 14:08	
Heat: 3/9 Lane : 5 Athlete: LELIAERT OLIVIA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:3, starttime: 14:08	
Heat: 3/9 Lane : 6 Athlete: LAPIERRE EMMA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 14:12	
Heat: 4/9 Lane : 1 Athlete: MARCHAL ELLE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 14:12	
Heat: 4/9 Lane : 2 Athlete: MÉLARD LEVI							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 14:12	
Heat: 4/9 Lane : 3 Athlete: WOLFS LOLA							Q-time: 99:99:99	
PB (25m pool): 02:53.79 3500 Hasselt 24/11/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.29		01:25.29		02:10.22		02:53.79
	00:40.29		00:45.00		00:44.93		00:43.57	
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 14:12	
Heat: 4/9 Lane : 4 Athlete: GIULIANI MILA							Q-time: 99:99:99	
PB (25m pool): 03:17.41 Bilzen 14/01/2024			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:17.41
	no time							
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:6, starttime: 14:20	
Heat: 6/9 Lane : 6 Athlete: VANBEKBERGEN CHARLOTTE							Q-time: 02:59:52	
PB (25m pool): 02:59.52 Lommel 02/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.51		01:27.90		02:16.02		02:59.52
	00:40.51		00:47.39		00:48.12		00:43.50	
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:7, starttime: 14:24	
Heat: 7/9 Lane : 4 Athlete: COEMANS KAAT							Q-time: 02:35:38	
PB (25m pool): 02:35.38 Hasselt 04/05/2025				PB (50m pool): 02:35.97 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.65		01:16.25		01:56.85		02:35.38
	00:36.65		00:39.60		00:40.60		00:38.53	
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:9, starttime: 14:30	
Heat: 9/9 Lane : 6 Athlete: VANHAEREN RENÉE							Q-time: 02:29:01	
PB (25m pool): 02:29.01 3500 Hasselt 23/11/2025				PB (50m pool): no time SB: 02:29.01 3500 Hasselt 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.55		01:12.31		01:51.18		02:29.01
	00:34.55		00:37.76		00:38.87		00:37.83	
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:1, starttime: 14:34	
Heat: 1/6 Lane : 3 Athlete: HAUBEN FINN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 2: 200M FREESTYLE MEN 11+							Heat:2, starttime: 14:37	
Heat: 2/6 Lane : 5 Athlete: LYSENS SIEBE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:3, starttime: 14:40	
Heat: 3/6 Lane : 1 Athlete: MEIR STAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:4, starttime: 14:44	
Heat: 4/6 Lane : 4 Athlete: SWENDROWSKI MILAN							Q-time: 02:24:10	
PB (25m pool): 02:24.10 3500 Hasselt 23/11/2025			PB (50m pool): no time SB: 02:24.10 3500 Hasselt 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.22		01:10.10		01:46.53		02:24.10
	00:33.22		00:36.88		00:36.43		00:37.57	
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:5, starttime: 14:47	
Heat: 5/6 Lane : 6 Athlete: SMITS PIETER							Q-time: 02:20:22	
PB (25m pool): 02:20.22 3500 Hasselt 23/11/2025			PB (50m pool): no time SB: 02:20.22 3500 Hasselt 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.87		01:08.31		01:44.62		02:20.22
	00:31.87		00:36.44		00:36.31		00:35.60	
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 2: 200M FREESTYLE MEN 11+							Heat:6, starttime: 14:50	
Heat: 6/6 Lane : 4 Athlete: THEUWIS TIJL							Q-time: 02:06:73	
PB (25m pool): 02:06.73 3500 Hasselt 23/11/2025				PB (50m pool): 02:14.68SB: 02:06.73 3500 Hasselt 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.51		01:01.67		01:34.29		02:06.73
	00:29.51		00:32.16		00:32.62		00:32.44	
								

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 15:02
Heat: 1/6 Lane : 3 Athlete: PLASSCHAERT MARTHA				Q-time: 99:99:99	
PB (25m pool): 01:40.88 Maastricht 30/12/2024			PB (50m pool): 01:41.33SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.01		01:40.88	
	00:48.01		00:52.87		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+										Heat:4, starttime: 15:10	
Heat: 4/6 Lane : 2 Athlete: CLEUREN FIEN										Q-time: 01:33:63	
PB (25m pool): 01:33.47 Maastricht 30/12/2024					PB (50m pool): 01:37.38SB: 01:33.63 Maastricht 30/12/2025						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			00:44.45				01:33.47				
			00:44.45				00:49.02				
											

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+										Heat:5, starttime: 15:12	
Heat: 5/6 Lane : 6 Athlete: VANDEVENNE FEBE										Q-time: 01:29:88	
PB (25m pool): 01:29.88 Hasselt 04/05/2025					PB (50m pool): 01:35.31SB: 01:30.00 Maastricht 30/12/2025						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			00:42.11				01:29.88				
			00:42.11				00:47.77				
											

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:14
Heat: 6/6 Lane : 3 Athlete: JANSSEN LORE					Q-time: 01:20:89
PB (25m pool): 01:20.89 Hasselt 04/05/2025					PB (50m pool): 01:24.91 SB: 01:24.30 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.91		01:20.89	
	00:37.91		00:42.98		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:14
Heat: 6/6 Lane : 5 Athlete: COEMANS HANNE					Q-time: 01:24:99
PB (25m pool): 01:23.59 3500 Hasselt 20/10/2024					PB (50m pool): 01:26.72 SB: 01:25.65 Hasselt 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.47		01:23.59	
	00:39.47		00:44.12		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 15:16
Heat: 1/7 Lane : 2 Athlete: HABEX ROBBE					Q-time: 99:99:99
PB (25m pool): 01:45.04 Pelt 06/10/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:45.04	
	no time				
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 15:27
Heat: 5/7 Lane : 5 Athlete: ERNOTS JOPPE					Q-time: 01:41:99
PB (25m pool): 01:41.99 Maastricht 30/12/2025					PB (50m pool): no time SB: 01:41.99 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.10		01:41.99	
	00:48.10		00:53.89		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:6, starttime: 15:29
Heat: 6/7 Lane : 1 Athlete: SWENNEN JARNE					Q-time: 01:34:75
PB (25m pool): 01:34.75 Maastricht 30/12/2025					PB (50m pool): 01:44.40 SB: 01:34.75 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.66		01:34.75	
	00:43.66		00:51.09		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:7, starttime: 15:31
Heat: 7/7 Lane : 1 Athlete: REPRIELS ARTHUR					Q-time: 01:20:20
PB (25m pool): 01:20.20 Pelt 05/10/2025					PB (50m pool): 01:26.42 SB: 01:20.20 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.56		01:20.20	
	00:37.56		00:42.64		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:7, starttime: 15:31
Heat: 7/7 Lane : 2 Athlete: VAN GOMPEL TRISTAN					Q-time: 01:18:09
PB (25m pool): 01:15.83 Maastricht 30/12/2024					PB (50m pool): 01:17.50 SB: 01:18.09 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.40		01:15.83	
	00:36.40		00:39.43		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:7, starttime: 15:31
Heat: 7/7 Lane : 3 Athlete: MOERMANS TIJMEN					Q-time: 01:10:69
PB (25m pool): 01:10.69 Maastricht 30/12/2025					PB (50m pool): 01:13.46 SB: 01:10.69 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.16		01:10.69	
	00:33.16		00:37.53		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:7, starttime: 15:31
Heat: 7/7 Lane : 5 Athlete: JANS SEN					Q-time: 01:18:49
PB (25m pool): 01:18.49 Maastricht 30/12/2025					PB (50m pool): 01:22.69 SB: 01:18.49 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.37		01:18.49	
	00:37.37		00:41.12		
					

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+					Heat:1, starttime: 15:49
Heat: 1/7 Lane : 4 Athlete: MARCHAL ELLE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+					Heat:2, starttime: 15:50
Heat: 2/7 Lane : 2 Athlete: LELIAERT OLIVIA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+					Heat:2, starttime: 15:50
Heat: 2/7 Lane : 3 Athlete: VAN GOMPEL ANAÏS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 15:51
Heat: 3/7 Lane : 1 Athlete: POOTERS LIVIA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 15:54
Heat: 5/7 Lane : 5 Athlete: VANBEKBERGEN CHARLOTTE			Q-time: 00:40:25
PB (25m pool): 00:40.25 Lommel 02/03/2025			PB (50m pool): 00:41.89 SB: 00:43.00 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:40.25	
	00:40.25		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 15:55
Heat: 6/7 Lane : 3 Athlete: CLEUREN FIEN			Q-time: 00:36:60
PB (25m pool): 00:36.60 Lommel 02/03/2025			PB (50m pool): no time SB: 00:37.31 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:36.60	
	00:36.60		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 15:55
Heat: 6/7 Lane : 4 Athlete: LIESENS MIET			Q-time: 00:37:27
PB (25m pool): 00:36.90 Bilzen 14/01/2024			PB (50m pool): 00:37.57 SB: 00:37.27 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:36.90	
	00:36.90		
			

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 15:55
Heat: 6/7 Lane : 5 Athlete: VANHAEREN RENÉE			Q-time: 00:38:20
PB (25m pool): 00:38.20 Hasselt 04/05/2025			PB (50m pool): 00:43.38 SB: 00:38.22 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:38.20	
		00:38.20	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 15:56
Heat: 7/7 Lane : 3 Athlete: ROOX AMÉLIE			Q-time: 00:30:43
PB (25m pool): 00:30.43 Hasselt 04/05/2025			PB (50m pool): 00:31.88 SB: 00:30.72 Hasselt 12/10/2025
	2 5 M	5 0 M	
PB		00:30.43	
		00:30.43	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 15:56
Heat: 7/7 Lane : 4 Athlete: MULLENS JULE			Q-time: 00:34:46
PB (25m pool): 00:34.08 Maastricht 30/12/2024			PB (50m pool): 00:35.50 SB: 00:34.46 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:34.08	
		00:34.08	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 15:56
Heat: 7/7 Lane : 6 Athlete: VANDEVENNE FEBE			Q-time: 00:36:23
PB (25m pool): 00:36.23 Maastricht 30/12/2025			PB (50m pool): 00:38.40 SB: 00:36.23 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:36.23	
		00:36.23	
			

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 7: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 15:58
Heat: 1/6 Lane : 5 Athlete: KRYLOV ALEXANDER			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE MEN 11+			Heat:2, starttime: 15:59
Heat: 2/6 Lane : 6 Athlete: HAUBEN FINN			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE MEN 11+			Heat:3, starttime: 16:01
Heat: 3/6 Lane : 1 Athlete: MEIR STAN			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 7: 50M BACKSTROKE MEN 11+			Heat:3, starttime: 16:01
Heat: 3/6 Lane : 5 Athlete: ERNOTS JOPPE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 7: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 16:02
Heat: 4/6 Lane : 1 Athlete: HABEX ROBBE			Q-time: 00:44:57
PB (25m pool): 00:44.57 Bree 01/06/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:44.57	
		00:44.57	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 16:04
Heat: 6/6 Lane : 2 Athlete: JANS SEN			Q-time: 00:34:03
PB (25m pool): 00:34.03 Maastricht 30/12/2025			PB (50m pool): 00:37.89 SB: 00:34.03 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:34.03	
		00:34.03	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 16:04
Heat: 6/6 Lane : 3 Athlete: REPRIELS ARTHUR			Q-time: 00:30:90
PB (25m pool): 00:30.90 Maastricht 30/12/2025			PB (50m pool): 00:36.27 SB: 00:30.90 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:30.90	
		00:30.90	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 16:04
Heat: 6/6 Lane : 5 Athlete: SWENNEN LARS			Q-time: 00:34:06
PB (25m pool): 00:34.06 Maastricht 30/12/2025			PB (50m pool): 00:40.64 SB: 00:34.06 Maastricht 30/12/2025
	2 5 M	5 0 M	
PB		00:34.06	
		00:34.06	
			

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 7: 50M BACKSTROKE MEN 11+							Heat:6, starttime: 16:04		
Heat: 6/6 Lane : 6 Athlete: SWENDROWSKI MILAN							Q-time: 00:34:27		
PB (25m pool): 00:34.27 Maastricht 30/12/2025							PB (50m pool): no time SB: 00:34.27 Maastricht 30/12/2025		
	2 5 M		5 0 M						
PB			00:34.27						
			00:34.27						
									

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 16:28	
Heat: 1/11 Lane : 2 Athlete: TAMER MOHAMMED KARMA					Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		no time		
	no time					
						

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 16:30	
Heat: 2/11 Lane : 1 Athlete: HANSEN MAYBEL					Q-time: 99:99:99	
PB (25m pool): 01:24.35 Maastricht 30/12/2024					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:38.79		01:24.35		
	00:38.79		00:45.56			
						

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 16:30	
Heat: 2/11 Lane : 4 Athlete: GIULIANI MILA					Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		no time		
	no time					
						

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 16:32
Heat: 3/11 Lane : 4 Athlete: WOLFS LOLA					Q-time: 99:99:99
PB (25m pool): 01:36.63 Maastricht 30/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.88		01:36.63	
	00:46.88		00:49.75		
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 16:37
Heat: 5/11 Lane : 3 Athlete: LAPIERRE EMMA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 16:37
Heat: 5/11 Lane : 4 Athlete: PLASSCHAERT MARTHA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 16:46
Heat: 9/11 Lane : 2 Athlete: LIESENS MIET					Q-time: 01:22:58
PB (25m pool): 01:20.83 Bilzen 14/01/2024					PB (50m pool): no time SB: 01:22.58 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.83	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 16:48
Heat: 10/11 Lane : 1 Athlete: MÉLARD LEVI					Q-time: 01:20:46
PB (25m pool): 01:20.46 Maastricht 30/12/2025					PB (50m pool): no time SB: 01:20.46 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.30		01:20.46	
	00:36.30		00:44.16		
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 16:48
Heat: 10/11 Lane : 4 Athlete: COEMANS HANNE					Q-time: 01:19:81
PB (25m pool): 01:19.81 Maastricht 30/12/2025					PB (50m pool): no time SB: 01:19.81 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.48		01:19.81	
	00:39.48		00:40.33		
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 16:48
Heat: 10/11 Lane : 5 Athlete: VANDEVENNE FEBE					Q-time: 01:20:36
PB (25m pool): 01:20.36 Maastricht 30/12/2025					PB (50m pool): no time SB: 01:20.36 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.35		01:20.36	
	00:37.35		00:43.01		
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:11, starttime: 16:50
Heat: 11/11 Lane : 3 Athlete: ROOX AMÉLIE					Q-time: 01:11:92
PB (25m pool): 01:11.08 Maastricht 30/12/2024					PB (50m pool): no time SB: 01:11.92 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.98		01:11.08	
	00:31.98		00:39.10		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:11, starttime: 16:50
Heat: 11/11 Lane : 5 Athlete: JANSSEN LORE					Q-time: 01:15:86
PB (25m pool): 01:13.33 Maastricht 30/12/2024			PB (50m pool): no time SB: 01:15.86 Maastricht 30/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.14		01:13.33	
	00:34.14		00:39.19		
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:11, starttime: 16:50
Heat: 11/11 Lane : 6 Athlete: COEMANS KAAT					Q-time: 01:17:65
PB (25m pool): 01:17.65 Maastricht 30/12/2025			PB (50m pool): no time SB: 01:17.65 Maastricht 30/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.21		01:17.65	
	00:37.21		00:40.44		
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:1, starttime: 16:52
Heat: 1/9 Lane : 3 Athlete: THEUWIS TIJL					Q-time: 99:99:99
PB (25m pool): 01:11.77 Maastricht 30/12/2024			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.12		01:11.77	
	00:33.12		00:38.65		
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:2, starttime: 16:54
Heat: 2/9 Lane : 1 Athlete: KRYLOV ALEXANDER					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 10: 100M MEDLEY MEN 11+					Heat:2, starttime: 16:54
Heat: 2/9 Lane : 3 Athlete: LYSENS SIEBE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:7, starttime: 17:06
Heat: 7/9 Lane : 4 Athlete: SWENNEN JARNE					Q-time: 01:17:94
PB (25m pool): 01:17.94 Maastricht 30/12/2025 PB (50m pool): no time SB: 01:17.94 Maastricht 30/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.25		01:17.94	
	00:35.25 00:42.69				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:8, starttime: 17:08
Heat: 8/9 Lane : 1 Athlete: SWENDROWSKI MILAN					Q-time: 01:15:26
PB (25m pool): 01:15.26 Maastricht 30/12/2025 PB (50m pool): no time SB: 01:15.26 Maastricht 30/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.98		01:15.26	
	00:33.98 00:41.28				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:9, starttime: 17:10
Heat: 9/9 Lane : 1 Athlete: JANS SEN					Q-time: 01:10:44
PB (25m pool): 01:10.44 Maastricht 30/12/2025 PB (50m pool): no time SB: 01:10.44 Maastricht 30/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.07		01:10.44	
	00:33.07 00:37.37				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 10: 100M MEDLEY MEN 11+					Heat:9, starttime: 17:10
Heat: 9/9 Lane : 2 Athlete: SWENNEN LARS					Q-time: 01:07:99
PB (25m pool): 01:07.99 Bree 01/06/2025					PB (50m pool): no time SB: 01:08.04 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:07.99	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:9, starttime: 17:10
Heat: 9/9 Lane : 4 Athlete: MOERMANS TIJMEN					Q-time: 01:06:23
PB (25m pool): 01:06.23 Maastricht 30/12/2025					PB (50m pool): no time SB: 01:06.23 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.89		01:06.23	
	00:31.89 00:34.34				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:9, starttime: 17:10
Heat: 9/9 Lane : 5 Athlete: SMITS PIETER					Q-time: 01:10:11
PB (25m pool): 01:10.11 Maastricht 30/12/2025					PB (50m pool): no time SB: 01:10.11 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.47		01:10.11	
	00:31.47 00:38.64				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:9, starttime: 17:10
Heat: 9/9 Lane : 6 Athlete: VAN GOMPEL TRISTAN					Q-time: 01:10:82
PB (25m pool): 01:10.06 Maastricht 30/12/2024					PB (50m pool): no time SB: 01:10.82 Maastricht 30/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.98		01:10.06	
	00:32.98 00:37.08				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 11: 4x50M FREESTYLE WOMEN 11+							Heat:1, starttime: 17:12	
Heat: 1/2 Lane : 2 Athlete: TEAM ZDKB 1							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 11: 4x50M FREESTYLE WOMEN 11+							Heat:1, starttime: 17:12	
Heat: 1/2 Lane : 3 Athlete: TEAM ZDKB 5							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 11: 4x50M FREESTYLE WOMEN 11+							Heat:1, starttime: 17:12	
Heat: 1/2 Lane : 4 Athlete: TEAM ZDKB 4							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 11: 4x50M FREESTYLE WOMEN 11+							Heat:2, starttime: 17:15	
Heat: 2/2 Lane : 5 Athlete: TEAM ZDKB 3							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 12: 4x50M FREESTYLE MEN 11+							Heat:1, starttime: 17:18	
Heat: 1/2 Lane : 2 Athlete: TEAM ZDKB 6							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 12: 4x50M FREESTYLE MEN 11+							Heat:1, starttime: 17:18	
Heat: 1/2 Lane : 3 Athlete: TEAM ZDKB 8							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 12: 4x50M FREESTYLE MEN 11+							Heat:1, starttime: 17:18	
Heat: 1/2 Lane : 4 Athlete: TEAM ZDKB 7							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: